

Transition for young people with Palliative Care needs

Stepping up from Paediatric to Adult services

Transition Checklist for PARENTS/CAREGIVERS

1	My child does this independently	4	My child needs assistance or guidance to do this
2	My child sometimes does this independently	5	My child needs me or another trusted adult to do this for them
3	My child is starting to consider doing this independently	6	Not sure.

Checklist

Please tick the column you think best describes how you feel about each question. Please feel free to write a comment if you would like.

	1	2	3	4	5	6	Comments
My child knows their own medical history and where to get that information from							
My child can describe their own health condition to others							
My child takes their own medications and knows what they are for and how they might affect them.							
My child is able to speak up for themselves and tells others what they need.							
My child knows when they are becoming unwell and needs to seek further support or guidance							
My child knows their family doctor (GP) and practice nurse and how to contact them.							
My child knows where they will be going if they need to be admitted to hospital.							
My child knows the members of their health care team and how to contact them.							
My child knows the local palliative care service and how to contact them for further support or advice.							
My child knows what to expect in the adult service.							
I have considered legal aspects of my child's care as they transition into adulthood.							
I am aware of who I can contact for further support or advice if I am concerned about my child or I feel I need further support.							

Questions or Comments I have for my child's care team:
