

Transcript: *what are some of the signs of hypoglycaemia*

“Hypoglycaemia, or a low blood sugar, is when your blood sugar drops below 4”

“So Debra, what do you notice in Marcus if he’s having a low, or a hypo”

“Um, firstly he would be very pale, I notice that he, yeah, he goes very white. Um, he can be a bit moody and if he’s really low he’ll be tired, very tired, he’ll want to sleep.”

“So we also notice that when Jordan is low he gets really emotional, he gets cranky and grumpy and he’s prone to being teary and crying for no particular reason.”