

# What to do when your child has a seizure

Pt label \_\_\_\_\_

## Seizures lasting less than 5 minutes

- Move your child to a safe place. You may need to lay them down on the floor, or move furniture or sharp objects away from them.
- Start timing the seizure.
- Once the seizure has finished, place your child in the recovery position.
- Let your child rest and recover in a calm and quiet space until they are back to their normal self.
- Document on seizure activity chart or Phone App.
- Continue to watch for any further seizure activity.
- Communicate with medical team if instructed:

GP \_\_\_\_\_

Medical team \_\_\_\_\_

## Seizures lasting over 5 minutes

or

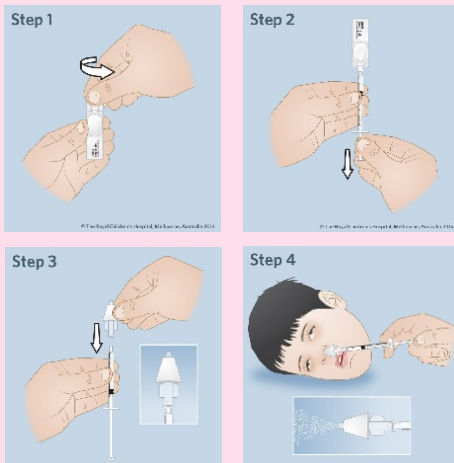
## Cluster of seizures (number) within (minutes)

- At 4 minutes of seizure prepare the Midazolam.
- Call an Ambulance, 111.
- At 5 minutes of seizure activity administer Midazolam.

**Midazolam (15mg/3ml) = ..... ml Intranasally (into the nostril).**

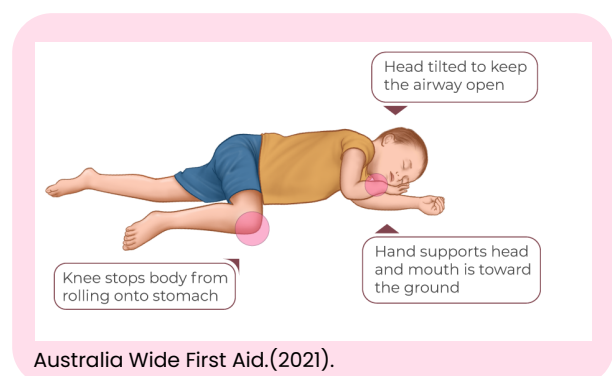
- Watch your child's breathing and seizure activity while lying on their side in the recovery position
- Await arrival of ambulance

### Intranasal Medication Administration



The Royal Children's Hospital Melbourne. (2018).

### Recovery Position



Australia Wide First Aid.(2021).