

What to do when your child has a seizure

Pt label _____

Seizures lasting less than 5 minutes

- Move your child to a safe place. You may need to lay them down on the floor, or move furniture or sharp objects away from them.
- Start timing the seizure.
- Once the seizure has finished, place your child in the recovery position.
- Let your child rest and recover in a calm and quiet space until they are back to their normal self.
- Document on seizure activity chart or Phone App.
- Continue to watch for any further seizure activity.
- Communicate with medical team if instructed:

GP _____

Medical team _____

Seizures lasting over 5 minutes

or

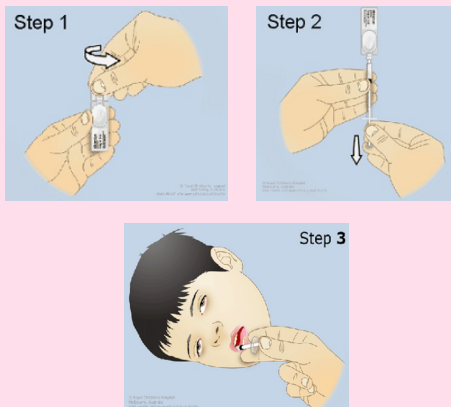
Cluster of seizures (number) within (minutes)

- At 4 minutes of seizure activity prepare the Midazolam.
- Call an Ambulance, 111.
- At 5 minutes of seizure activity administer Midazolam.

Midazolam (15mg/3ml) = ml Bucally (into side of cheek)

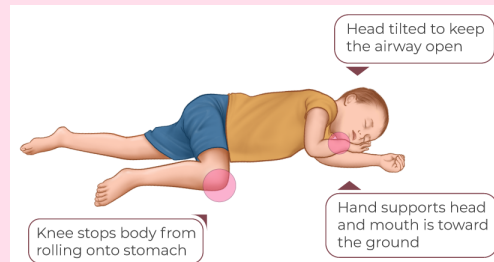
- Watch your child's breathing and seizure activity while lying on their side in the recovery position.
- Await arrival of ambulance.

Buccal Medication Administration:



The Royal Children's Hospital Melbourne.(2018).

Recovery Position



Australia Wide First Aid.(2021).