

School and Diabetes: Fact Sheet

- **Returning to, changing or starting school can be a stressful time for families.**
- **Careful planning and open communication with the school can help make the transition easier.**
- **Arrange a meeting with the school prior to starting.**
- **Identify key staff who will be available to support your child at school.**
- **Ensure that all the supplies required are available at school prior to starting.**
- **Keep the communication channels open. Liaise with the school regularly to discuss what is working well and what might be done differently.**
- **Additional support is required for exams, sport activities, day, overnight trips and camps.**
- **Further support is available from the school, community team and diabetes team.**