## Keeping Tamariki Safe POISONS IN THE WHARE



#### Store Items Up High and out of Reach

Child Resistant Caps Aren't Child-Proof

Follow Dosing Instructions Carefully

Always Read Safety Instructions

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# Keeping Tamariki Safe POISONS IN THE WHARE



### **Medicine Tips**

- Store medicines up high, out of sight and reach. Use locks where possible.
- Child-resistant caps are not child-proof.
- Use a syringe, not a spoon, to measure liquid medicines ask your pharmacist for one.
- Ask for help if labels aren't clear.
- Track and share doses to avoid double-ups.
- Avoid calling medicine or vitamins "Iollies."

#### **Cleaning Tips**

- Store household cleaning products out of reach and sight of tamariki, preferably locked away
- Store these cleaning products away after each use; if you become distracted while using a cleaning product, take it with you.
- Keep household cleaning products in their original containers.
- Turn any spray bottle nozzles to the 'off' position immediately after use.

#### **Poisonous Plants**

- Remove poisonous plants from tamariki's reach.
- Clear fallen berries or flowers from paths and lawns.
- Know your plant names in case of poisoning (NPC can help).



If poisoning is suspected, phone the National Poisons Centre on 0800 POISON (0800 764 766)



