**PSNZ Child Development Special interest Group Meeting 8 March 2023**

***A bridge over troubled waters: Supporting Whānau and Kaimahi in troubled times***

Thanks to the generosity of the organisers of the General Paediatric Forum, we are able to offer a morning of continuing professional development to all child health professionals with an interest in child development.

We will start the day with an outline of Te Pa Harakeke – Nurturing Care in the first 1000 days – in Te Wai Pounamu: presented by Peter McIlroy and Lisa Kahu.

This will be followed by three sessions aimed at promoting resilience in crisis and uncertainty:

* Navigating tough times with children – what to know, what to do: presented by Mel Churton, Psychologist, Ministry of Education
* Keeping well – put your own oxygen mask on first: presented by Louise Webster, Child and Adolescent Psychiatrist, Consult Liaison Team, Starship
* How to keep your head above the financial waters – Financial Resilience in Challenging Times: presented by Tony Walker, Financial Wellbeing Specialist

The kanohi ki te kanohi (face to face) meeting will be held in the Clinical Education Centre on level 5 of Auckland Hospital. We are arranging to stream the meeting for those who unable to come to the venue. We will also record it.

We would love to see you there.

If you wish to attend this meeting in person, please [register here](https://www.trybooking.com/nz/events/8242/sessions/34379/sections/25601/tickets) (choose the free ticket for ‘In-person PSNZ meeting’).

Turid Peters (co-convenor CD SIG)

Rosemary Marks (retired gofer)