

Patient information about purchasing an Adrenaline Auto-injector

EpiPen® is the only brand of adrenaline auto-injector available in NZ.

- EpiPen® adrenaline auto-injectors are not funded in New Zealand.
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- The price of an EpiPen® is different at each pharmacy. Check the price with your local pharmacy. It is a good idea to shop around to find the best price.
- Some pharmacies you could try are:
 - Allergy Pharmacy www.allergypharmacy.co.nz
 - Zoom Pharmacy <https://zoompharmacy.co.nz>
 - Pharmacy at Quay Park
<https://www.healthpoint.co.nz/pharmacy/pharmacy/pharmacy-at-quay-park/>
 - The Chemist Warehouse <https://www.chemistwarehouse.co.nz/>

The cost of an EpiPen® starts from about \$120. Some pharmacies may add other costs too. Check the expiry dates before buying.

If you need to use your EpiPen® to treat an allergic reaction make sure an ACC form is filled out at the hospital, medical centre or in the ambulance. ACC will cover the cost of the replacement pen. Please keep the receipt when you buy your replacement EpiPen® as this is needed if you need to make an ACC claim.

When your EpiPen® has expired it is a good idea to practice with it by injecting it into an old pillow, cushion or mattress. Once used, please give the EpiPen® to your GP or pharmacy to safely throw away.

Free online learning is available at <http://allergy.org.au>. You can learn about how to recognise Anaphylaxis and how to manage it. There is a short video showing how to use an EpiPen®. You can practice using an EpiPen® trainer pen. Trainer pens do not have a needle in them.

Make sure you, your child and other caregivers (plus older children and young people) regularly review their action plan and how to use their EpiPen®.

EpiPen ® Doses	<ul style="list-style-type: none"> • EpiPen® (0.3mg) for adults and children over 20kg • EpiPen®Jr (0.15mg) for children 7.5*-20kg <p>Once your child is over 20kg ASCIA suggest changing from a junior pen to an adult pen when you buy a new pen, even though the package insert says to change once your child is over 30kg.</p> <p>ASCIA advise that an EpiPen®Jr (0.15mg) device can be used for an infant weighing 7.5-10kg if their health professional has made a considered risk assessment. Use of a 0.15mg device for treatment of infants weighing 7.5kg or more poses less risk than use of an adrenaline ampoule and syringe.</p> <p>https://allergy.org.au/hp/anaphylaxis/adrenaline-autoinjectors-faqs</p>
Expiry	<ul style="list-style-type: none"> • The expiry date is up to 20 months from the date the EpiPen® is made. • Expiry dates are different at different pharmacies – check these before you buy a pen to make sure the expiry date is as long as possible.
Costs	<ul style="list-style-type: none"> • Are different at each pharmacy • The cost of an EpiPen® starts from about \$120
Club	<p>You can go to this website http://www.epiclub.co.nz/ and register your EpiPen®. You can get free trainer pens and reminders about expiry dates once you have registered the pen.</p>
<p>Other useful web sites that provide information and videos on Anaphylaxis Management and EpiPen® use:</p> <p style="text-align: center;">Australasian Society of Clinical Immunology and Allergy (ASCIA) http://www.allergy.org.au/</p> <p style="text-align: center;">Allergy New Zealand www.allergy.org.nz</p> <p style="text-align: center;">250K (For adolescents/young adults with allergies) https://250k.org.au/</p>	