

# My Health Passport

**Name:**

Please bring your health passport with you to all appointments and hospital visits.

Nurses and medical staff, please read my passport.

# Who am I?

My full name	
My date of birth	
My NHI number	
My home address	
My home phone number	

## Essential information:

### My health

Diagnosis one	
Diagnosis two	
Allergies	
Medications	
Immunisations	
Recent operations	
Most recent hospitalisation	

## My team:

### Contacts for health

Who:	Name:	Number:
GP		
Homecare team		
Carer agency		
Primary team consultant		
Team:		
Team:		
Starship Children's Hospital	09 307 4949	Emergency Department 24200

# My family:

## Contact

Who:	Name:	Number:
Parents/whanau		
Parents/whanau		
Emergency family contact		
Alternative contact		
Other important people		

# Communication:

## Things you need to know to communicate with me:

My first (or preferred) language is:

I communicate with people using (e.g. gestures, facial expressions, picture charts, hearing aid, digital diary, electronic communicator, etc.):

Please be aware of these things (e.g. speak slowly, face me, tap my shoulder for attention, turn on my equipment, make eye contact, etc.) I may need you to wait for me to give a reply:

## How to use this passport:

This health passport is designed as a tool for your child, parents/caregivers and the health care teams involved in your child's care.

It acts as a guide for health professionals working with your child through continuation of care within different health services. This passport will help to support your child's health care needs by giving staff important information that will make the biggest difference to you and your child's overall experience.

It should also make things less stressful because you won't have to repeatedly explain to different staff members what works best for your child.

All staff will become familiar with your child's passport to ensure the care your child receives is personalised to their individual needs and is consistent wherever you go within the health sector.

Please do your best to fill this information out and ask staff to help you so that we can get the most accurate and useful information.

## What information will be in here?



What you **MUST** know about  
me



What is **USEFUL** to know  
about me



What is **HELPFUL** to know  
about me



## What you MUST know about me

Signs that I am in pain and how I want to be supported (curl up, become quiet)	How I like to take my medication (I can swallow tablets, via syringe, specific times)
How to help me with medical interventions (blood tests, temperature, X-ray)	Respiratory support/breathing settings (ventilator settings, CPAP/HF at night)
What IV access I have	Things that may upset me and how to manage it
Equipment and settings (NGT pump)	

## What you MUST know about my tracheostomy

Date inserted:

Tracheostomy size:

Cuffed/un-cuffed:

Depth of suction:

Catheter size:

Suction pressure:

Oxygen required \_\_\_L

Respiratory support required:

Time: From \_\_\_am/pm to \_\_\_am/pm

The type of tracheostomy ties my child uses:

## What is USEFUL to know about me

My sight and hearing (hearing aids, talk louder on my right side)	Toileting (pad sizes, independent)
How am I usually (quiet, energetic, sleep a lot)	How I move around (support needed, wheelchair)
How I like to eat (does my food need to be cut up? NGT feeds, dislikes/likes)	What dressings I like to be used on my skin

## What is HELPFUL to know about me

My school life and favourite subjects	What I like to do for fun
My favourite toys and characters	Things that will make my stay on the ward more enjoyable
Things I don't like	Things I like

Useful links:

<http://www.adhb.health.nz/assets/Documents/Patients-and-Visitors/Health-Passport.pdf>

[http://www.ihrim.co.uk/index.php?view=download&alias=352-carehospital-passports-presentation&category\\_slug=miscellaneous&option=com\\_docman&layout=table&Itemid=249](http://www.ihrim.co.uk/index.php?view=download&alias=352-carehospital-passports-presentation&category_slug=miscellaneous&option=com_docman&layout=table&Itemid=249)

[http://www.uhbristol.nhs.uk/media/2195239/myhospitalpassport-1\\_1\\_.pdf](http://www.uhbristol.nhs.uk/media/2195239/myhospitalpassport-1_1_.pdf)

- have it electronically which parents can update – email it to someone
- when admitted to a ward-the ward clerk is responsible for printing it off (store in notes and at bedside)

<https://www.sthelensccg.nhs.uk/media/1479/2012-07-20-guidance-notes-for-use-with-health-passport.pdf>