

Long Term Goals: Fact Sheet

- **HbA1c is a test that gives information regarding the average amount of glucose in the blood over a 3 month period.**
- **Target HbA1c for your child will be individualised together with the diabetes team.**
- **Regular specialist review is essential for all children with diabetes.**
- **Screening for complications of diabetes and for other medical conditions that may be associated with diabetes is undertaken at regular intervals once children have had diabetes for more than 2 years (if above 10 years) or more than 5 years (if under 10 years).**
- **Risk for complications of diabetes can be reduced significantly if blood glucose levels are maintained within target range.**