

## **Insulin Types and Regimens: Fact Sheet**

---

- **There are many different types of insulin made by different companies and that work at different times.**
- **Depending on the age of your child or young person and if they are giving their own injections they may have injections twice a day, three times a day, four times or more a day or use an insulin pump.**
- **Different insulins and different insulin regimens may suit different children and young people. Discuss this with your diabetes nurse or doctor in clinic.**