

Pressure Injury Prevention

Inpatient Bundle of Care

Risk score	Category	Pressure Injury Prevention Bundle of Care
10+	At risk (Mobility or Device)	<ul style="list-style-type: none">• Inspect skin daily• Protect bony prominences with hydrocolloid or polymer gel• Keep skin free of moisture and moisturise daily with colloidal oatmeal• Relieve pressure by helping the child to move at least every 4 hours.<ul style="list-style-type: none">• Increase frequency with any areas of concern (reactive hyperaemia & non-blanching erythema)• Assess and reposition medical device at least every 4 hours<ul style="list-style-type: none">• Increase frequency with any areas of concern• If medical devices cannot be repositioned, protect underlying skin with hydrocolloid or polymer gel
15+	High risk (Mobility)	<ul style="list-style-type: none">• Inspect skin each shift• Protect bony prominences with hydrocolloid or polymer gel• Keep skin free of moisture and moisturise daily with colloidal oatmeal• Relieve pressure by helping the child to move at least every 2- 4 hours.<ul style="list-style-type: none">• Increase frequency with any areas of concern (reactive hyperaemia & non-blanching erythema)
20+	Very high risk (Mobility and Device)	<ul style="list-style-type: none">• Inspect skin with each position change• Protect bony prominences with hydrocolloid or polymer gel• Keep skin free of moisture and moisturise daily with colloidal oatmeal• Relieve pressure by helping the child to move at least every 2 hours.<ul style="list-style-type: none">• Increase frequency to hourly with any areas of concern (reactive hyperaemia & non-blanching erythema)• Consider the use of an age, weight and condition appropriate pressure redistribution mattress (refer to mattress selection guide).• Assess and reposition medical devices at least every 2 hours• If medical devices CANNOT be repositioned, protect underlying skin with hydrocolloid or polymer gel• If possible, reposition patient or medical device before skin becomes red.