



HEAD INJURY

Toddlers and Infants

Your child has had a minor head injury. The doctor has found no serious injury. It is safe for you to take baby home.

Though unlikely, **in the next 24 hours** baby could develop serious complications.

If your baby shows any of the following symptoms you should return immediately to the Children's Emergency Department.

The signs to watch for:

- Crying baby won't settle
- Repeated vomiting
- Fitting
- Taking < ½ normal feeds
- Sleepy baby, hard to waken or unable to wake

**IF YOU CANNOT WAKE YOUR BABY UP OR ARE VERY
WORRIED ABOUT HOW YOUR BABY LOOKS**

DIAL 111 TO CALL AN AMBULANCE

It is important to wake baby every 4 hours during first nights sleep after leaving hospital to make sure he/she is not unconscious.

Wake during the day if sleeps for more than two hours:

- It is safe to give Paracetamol (Pamol, Panadol) every 4 hours for headache / crying for 1-2 days
- Toddlers may require extra rest periods for several days after head injury
- Toddlers may need extra supervision as they can be unsteady on their feet after a head injury
- Most babies / toddlers return to normal in 3-4 days

Any queries you may have, particularly throughout the night, over the next 24 hours, please phone us (09) 307 4902.

Then continue to contact your GP for continuing care of your child.