

Paediatric fluid management chart – oral diet



Name: NHI: Date:

Complete the chart each 24 hours

Time	Oral bottles Volume offered and volume taken	Bowel motion (use the stool tool)	Wet nappies (√ )	Comments
Totals				

- If bowel motions are profuse and watery or overflowing the nappy (5e) contact your medical or nursing team and consider offering Pedialyte to drink
- If there is any blood in your child’s bowel motions, please bring them to hospital for review
- If your child has abdominal distension or acute pain please take them to hospital for review
- A temperature greater than 38 degrees should be rechecked within 20 to 30 minutes, if it remains high your child needs medical review
- If your child vomits more than 2 times in 8 hours please contact your medical or nursing team
- If your child has no wet nappies for longer than 8 hours/nil toilet urine for 12 hours please contact the team

The clinical team will add additional instructions for your child

Information provided is not intended to replace qualified medical or professional advice. For diagnosis, treatment and medication, you should consult your child’s medical specialist team.  
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