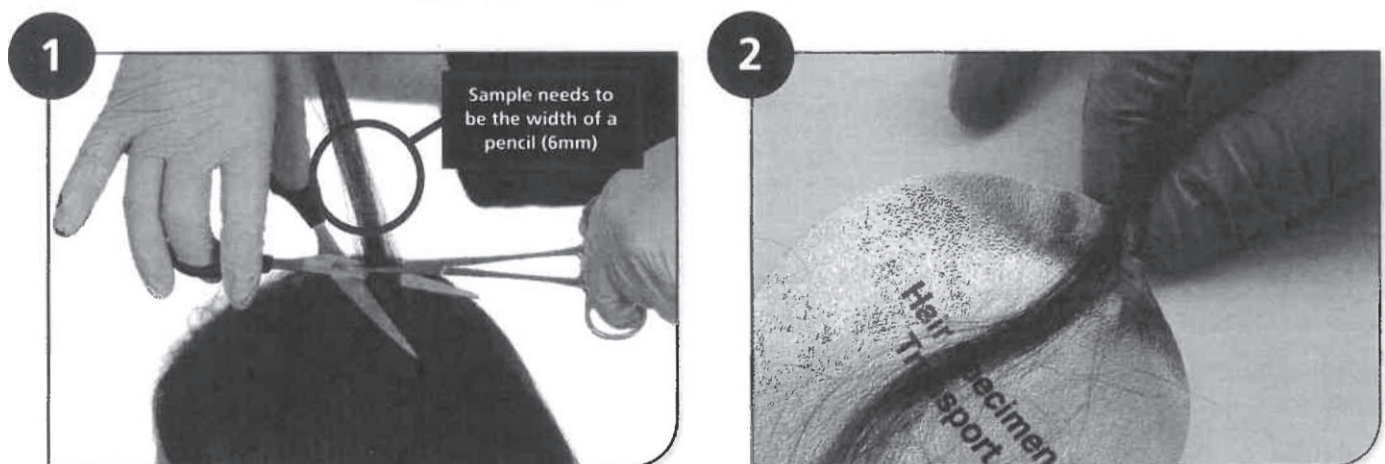
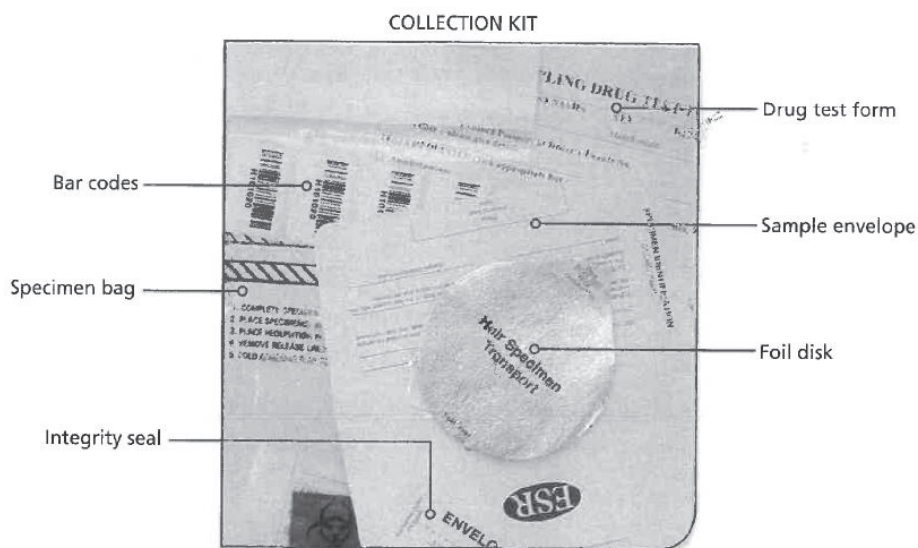


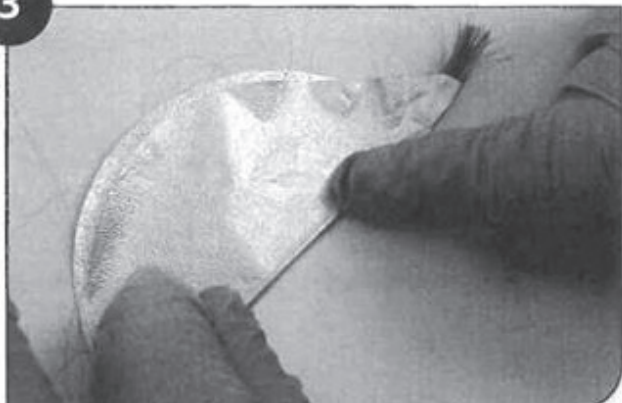
Appendix 1: ESR hair sample collection instructions



1. Hair sample should be 6mm and cut as close to the scalp as possible. The top rear of the head has the most consistent hair growth and this is the area from which the hair sample should be taken.

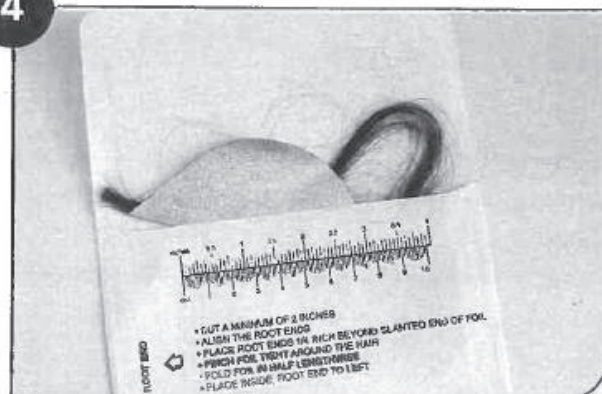
2. Once cut, hair sample should be placed into foil disk with root ends extending 1/4 inch (6 mm) beyond the slanted edge. Pinch foil together as shown to grip the hair and secure in place.

3



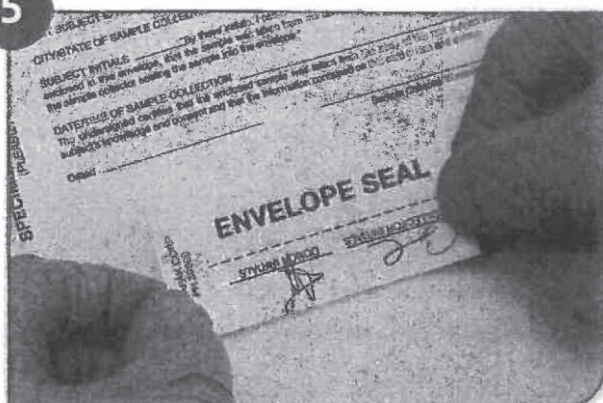
3. Fold foil in half to secure hair as shown. Press flat, running your finger along the centre edge of the foil. If bar codes are included in the pack, place barcodes on form, foil disk and outside.

4



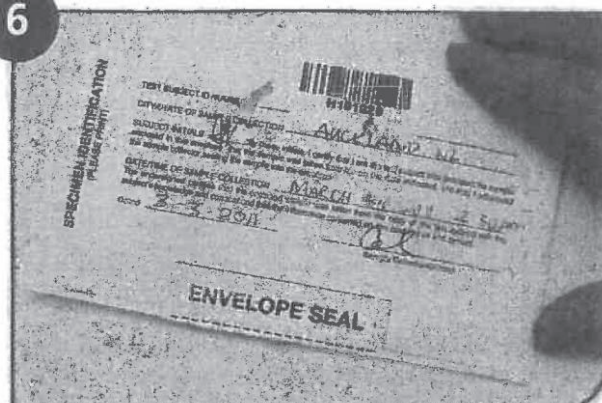
4. Insert hair sample into envelope placing root end to the left.

5



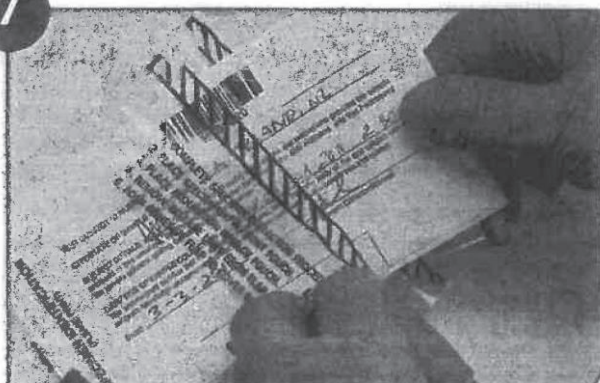
5. Sign and date the integrity/envelope seal. Adhere to envelope front and fold over to back to seal securely.

6



6. Complete information on outside of envelope.

7



7. Place envelope into the front pocket of the specimen bag. Put the completed chain of custody form in the large pouch, then seal bag.