

Eczema News - Te Rōpū Kiripai Hapori

Winter 2022 | Edition #2

Kia ora

Welcome to the Paediatric Society of NZ (PSNZ) Te Rōpū Kiripai Hapori (the Eczema Clinical Network) “Eczema News” winter edition. The Clinical Reference Group (CRG) of Te Rōpū Kiripai Hapori shares this newsletter with our extended clinical network quarterly, bringing together current news, clinical updates, patient stories and any other requested content. The CRG welcome any [feedback or ideas](#) about how to make this publication an effective communication and education tool for health professionals across Aotearoa.

Who are the Clinical Reference Group (CRG) of Te Rōpū Kiripai Hapori?

The CRG is a small group of health professionals - general practitioners, paediatricians and paediatric specialist physicians, nurses, and allied health professionals from across Aotearoa who are passionate about paediatric eczema and are working collaboratively with the support of PSNZ to improve knowledge and resources. [Click here](#) to meet some more of our current CRG members.

We are keen to connect with the paediatric eczema workforce across the country and invite anyone interested to [join our extended clinical network](#). The most up to date clinical information on management of eczema in Aotearoa can be found at [Starship - Child and Youth Eczema Clinical Network](#). Please do promote this website widely within your local networks.

In this winter edition we focus on winter wellness and heating, a review of emollients, and where to direct consumers for whānau-friendly information.

Education and Resources – Winter Wellness



Although getting overheated is an important trigger for eczema, living in a dry and warm home is important too. [Here is an article](#) by Suzy Swanson-Dobbs and Dr. Anna Gilmour of the Musselburgh Medical Centre, with lots of tips and useful links for heating, reducing humidity and mould and making our homes healthier.

Medication Focus - Which Emollient is Best for Eczema?

It probably doesn't matter. What does matter is whether the whānau and child/young person likes it or not.

[See a summary and thoughts](#) from Dr Diana Purvis, Starship Dermatologist, of a recent scientific study on this issue.



What's Available for Whānau?



Whānau and tamariki all learn and absorb information in different ways. Handouts can be helpful to reinforce what Health Professionals have been educating or demonstrating to families. Do you use this useful information sheet – “caring for your child's eczema”? [Click here to download and print](#) this valuable resource.

The Eczema Clinical Network recommends that families of children and young people with eczema in Aotearoa be directed to the [Eczema In Children | KidsHealth NZ website](#). The content for these pages is written specifically for children and/or young people and their whānau and is reviewed regularly by the Clinical Reference Group.

Stories from Aotearoa: Plunket Facebook Live Events

Some of you will have already seen the live chat video that Dr Diana Purvis (Dermatologist, Starship) recently did in collaboration with Plunket. It is a really great resource to share with whānau: [Eczema & Skin Conditions - Questions & Answers With An Expert](#)

LIVE CHAT:

Eczema and skin conditions

with Dr Diana Purvis
Paediatric Dermatologist

Wednesday 11 May, 1pm



The Eczema Network are hoping to do more of these in collaboration with the Plunket Digital team in the future. If there are specific topics that whānau you work with are asking about, please do [let us know](#) so we can incorporate these areas into the events.

 Please feel free to forward this newsletter to anyone you think may be interested.