



STOP BURNS

around the house



Hot Drinks & Food

- Put hot drinks in the middle of the table, out of reach of children.
- Avoid using tablecloths and only use small placemats.
- Serve cold drinks when children are around. Have a tea break when they're sleeping.



Hot Water

- Set your hot tap water to between 50-55°C.
- When filling the bath or sink, turn on the cold water first and turn it off last.
- Check your child's bath water with your wrist before they get in.



Cooking

- Before you cook, organise your tamariki with activities somewhere safe.
- Turn pot handles towards the back and block access to the stove.
- Keep hot food and drinks away from the edge of the kitchen counter.
- Include older kids in cooking to teach them how to cook safely.



Appliances

- Place hot appliances like hair straighteners out of reach after use.
- Put safety covers on all electrical outlets



Fires

- Every house should have a working smoke alarm on every level and in each bedroom, living area and hallway; ideally long-life photoelectric ones. Check smoke alarms monthly and check the expiry date.
- Lock away matches and lighters.
- Use protective screens to stop children getting too close to the fireplace.

safekids
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For more
information:



starship.org.nz/safekids-injury-prevention



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