

It's safer to wait till you're

148cm

From 1 November 2013, it's the law for children to use a child restraint while travelling in a vehicle up until their 7th birthday. But the real measure of safety is not age, it's height.

An adult seat belt may not protect a child properly until they're 148cm tall. So be on the safe side and keep your child in a booster seat until they're tall enough.

The type of car restraint you should use depends on the age and size of your child.

4 stages for kids



INFANT



TODDLER



BOOSTER



SAFETY BELT



Take the 5-Step Test

If you answer 'no' to any of these questions, your child needs to be in a child restraint or booster seat.

- 1** Does your child sit all the way back against the vehicle seat?
- 2** Do your child's knees bend comfortably at the edge of the vehicle seat?
- 3** Does the belt cross the shoulder between the neck and the arm?
- 4** Is the lap belt as low as possible, touching the thighs?
- 5** Can your child stay seated like this for the whole trip?

Safe-T Sam Reminders:

- ✓ Always read your car manual and child restraint manual before buying a carseat or booster seat.
- ✓ All booster seats and child restraints must meet approved safety standards.
- ✓ Kids are safer in the back seat.

For information on renting, buying and installing child restraints and booster seats, visit:

www.mysafekids.org.nz/passengersafety

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