

CHILD HOSPITALISATIONS IN NEW ZEALAND (DAILY)

Featuring:
The Nga Iwi School
seniors!

Admitted to hospital for +24 hours
or past midnight, due to 'unintentional'
injuries (injuries without intent).

Good News:
Hospitalisation rates
have declined by 25%
(2003-2012)!



Falls: More than 10 children a day are hospitalised due to a serious fall.

Keep them safe: Install window safety latches and stair gates; do not use baby walkers; one at a time on trampolines; keep an eye on children at playgrounds.



Inanimate mechanical forces: More than 4 children a day are hospitalised for crushing, cutting, piercing and jamming injuries from objects.

Keep them safe: Put finger guards on doors; use safety glass on windows and doors; secure TVs and tall furniture to the wall; use appropriate safety equipment such as head gear, mouth guards and pads when playing sport.



Pedestrian injuries: At least 1 child is hospitalised every 2 days as a pedestrian or cyclist on and off roads.

Keep them safe: Use helmets when cycling and scootering; use zebra crossings and controlled intersections; obey speed limits, and slow down in school and residential zones; have a fenced play area away from driveways.



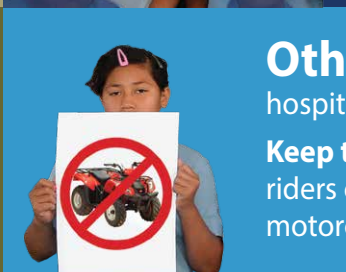
Animate injuries: More than 1 child a day is hospitalised after being unintentionally injured by another person, animal or insect.

Keep them safe: Keep your dogs under control at all times; supervise children when a dog is nearby.



Poisoning: Around 1 child a day is hospitalised after unintentionally poisoning themselves.

Keep them safe: Keep chemicals in original containers; ask for safety caps on medicine; and follow dose instructions when giving medicine.



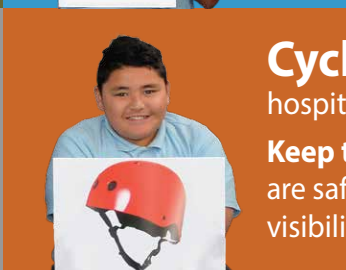
Other land transport: Around 1 child a day is hospitalised from driving or riding off-road transportation.

Keep them safe: Kids and quads don't mix, so no under-16 riders on quad bikes; wear a safety helmet when riding motorcycles or horses.



Burns: Around 1 child a day is hospitalised from burn injuries.

Keep them safe: Keep hot drinks/food in the middle of the table; have working smoke alarms; keep lighters, matches out of sight and reach; set your hot water temperature at 50° Celsius at the tap.



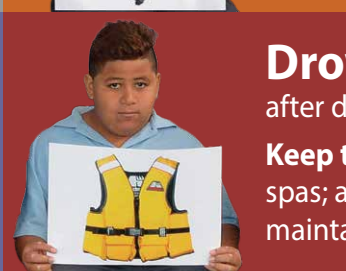
Cycling injuries: At least one child a day is hospitalised from a cycling injury.

Keep them safe: Always wear a helmet; riding on cycleways are safer for children; be seen—use reflectors, lights and visibility aids.



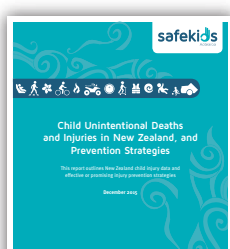
Suffocation: 1 child is hospitalised each week from choking, suffocation and strangulation.

Keep them safe: Use 'wahakura' or pepi pods for babies to sleep in; move cots away from blind cords and curtains; be aware of food and small parts that can cause choking.



Drowning: Almost 1 child every 2 weeks is hospitalised after drowning.

Keep them safe: Use life jackets on boats; fence pools and spas; always supervise children around water; and always maintain hand contact with a baby in the bath.



For more information, download Safekids Aotearoa's 'Child Unintentional Deaths and Injuries in New Zealand, and Prevention Strategies' report at <http://bit.ly/SafekidsInjuryData2015>.

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Safekids Aotearoa's mission is to reduce the incidence and severity of unintentional injuries to children in New Zealand aged 0-14 years.