

FRIENDSHIP


Starship
Foundation

Spring 2018



AMELIA



Amelia turns 1!
Thanks to you...

P4

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Dear friends,

I had the privilege of inviting my mum to our annual Diamonds & Stars Auckland Tea Party. My mum Yvonne is a midwife, one of our children's true heroes and I'm so proud to be her daughter. It was apt that we raised over \$200,000 for Starship Neurology ward and other vital projects. A huge thank you to Mimi Gilmour Buckley for sharing her daughter Olympia's Starship story and of course to Sarah Lynds, Margot Kynoch and the Friends of Starship Auckland committee for organising such a successful event. Look out and tell your friends about our Diamonds & Stars Christchurch Tea Party in October.

At Starship and the Foundation, our ambition is to better the lives of Kiwi kids faster. Thanks to your continued generosity we are able to accelerate the pace of change and have a real impact on our nation's children's health and wellbeing. We are proud to be able fund projects that have a demonstrable impact in not only saving and extending lives, but also lifting spirits and reducing discomfort, ensuring better outcomes with faster recovery and less invasive treatments, providing emotional and family support and better enabling equity and prevention.

This quarter's newsletter shares some wonderful stories on how our amazing clinicians and nurses are saving lives, increasing emotional support, lifting spirits and providing greater equity in our community.

Once again, thank you for the immeasurable support you give us. Together, we can better the lives of Kiwi kids faster.

Warmest Regards,

Aisha Daji Punga
Chief Executive, Starship Foundation



Aisha and her mum, Yvonne.

My birthday for Starship

WILL YOU SHARE YOUR BIRTHDAY WITH STARSHIP, LIKE FIVE-YEAR-OLD ADAN DID?

What a champ! Five-year-old Adan recently joined a growing list of young Starship patients who want to pay it forward by 'sharing' their birthday' with Starship.

It doesn't matter if you're seven, or seventy, it's really easy. All you do is ask your friends and family to make a donation to the Starship Foundation instead of buying birthday presents. Instead of receiving gifts, the funds you raise will be used to help ill and injured children from all over New Zealand.

Adan celebrated his fifth birthday on the 23rd of July, and raised nearly \$200 to help other boys and girls here at Starship.

As his mum Angela told us:

"Adan has been in and out of Starship from the day he was born five years ago. He was born with a very rare condition, so Starship Hospital has been like a second home to us. This is a way for us to give back to the amazing doctors, nurses and workers at Starship for looking after Adan and our family all these years."

To follow Adan's amazing example, you can! Just visit our dedicated website:

www.mybirthdayforstarship.co.nz to find out more, and to set up your own 'My Birthday for Starship' fundraising page.

Just think of all the little ones like Adan, who you will be helping get the equipment and treatment

they need, all thanks to your generosity and thoughtfulness.

Thank you so much for doing everything you can for children at Starship!



Adan celebrating his fifth birthday with his family.

If you would like to hold your own fundraising event for Starship, contact Charlotte at charlotteben@adhb.govt.nz

Update: Baby Amelia turns 1

MUM'S MESSAGE OF THANKS: "I'LL FOREVER OWE STARSHIP SUPPORTERS LIKE YOU!"

Kelly Rose from Napier knows there is nothing more frightening than watching your own baby fighting for every breath, and being unable to do anything about it.

Within hours of being born, her baby daughter Amelia was fighting for her life because of a rare birth condition called choanal atresia.

When we wrote to supporters like you about Amelia in June, we were urgently asking for your help to raise \$200,000 to buy new equipment for the Ear Nose and Throat (ENT) department. Instruments and machines that are essential in saving the lives of little ones like Amelia.

You'll be delighted to hear that you and other Starship Foundation supporters raised a total of \$211,939. Thank you so much! This incredible effort on your part adds up to better, more efficient, more effective and less stressful treatment for the thousands of children who need Starship's ENT department every year.

Kelly knows just how important that is.

"I will forever owe Starship for what they've done for us. And all the amazing supporters who give so generously. I'd hate to think what could have happened without you."

Thanks to you, our incredibly skilled surgeons were able to repair Amelia's airways over several surgeries.

And she's just celebrated her first birthday. As you can see from her photos, she looks like any happy, bubbly one-year-old should. That's all thanks to your amazing support.

Thank you so much for helping our doctors and nurses be the best they can be, by helping to put the cutting-edge equipment they need to save babies like Amelia, right into their hands.



Amelia on the road to recovery.

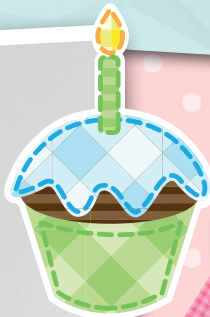
I will forever owe Starship for what they've done for us. And all the amazing supporters who give so generously. I'd hate to think what could have happened without you.

Amelia's mum, Kelly



Amelia with her mum, Kelly.

The birthday girl.



Amelia at Starship.



To find out more about donating monthly please call
0800 STARSHIP (0800 782 774).

Your support is helping to transform Starship

Modern hospital facilities, designed with the needs of children, families and staff in mind, help children recover quicker and make stays in hospital easier for both young patients and their parents. Modern facilities also make the work of our dedicated medical teams a little easier too.

But after 26 years of busy service, with children and their parents coming from throughout New Zealand and often staying for long periods of time, there are parts of Starship that are certainly showing their age.

Thanks to your generosity the general paediatrics wards on level five of Starship have been one of the latest areas of the hospital to be totally refurbished.

Our bright new general paediatrics facility now supports how healthcare is best delivered today. This includes a treatment room with great distraction resources for children needing any procedure; a larger play room and an adolescent meeting space; and two lounges with kitchens for parents. There is also now a much-needed room where clinicians can meet privately with parents to talk about their child's situation. Our patient rooms have been redesigned and positioned to maximise natural sunlight. And pull down beds for a parent to stay with their child are now the norm not the exception!

This incredible transformation was made possible thanks to your generosity. Gifts made through the

Wills of two wonderful Starship supporters played a vital part too.

With heavy demands on the physical environment, the Starship Foundation is committed to helping to upgrade other parts of Starship – the next priorities are the busy Day Stay Unit and the second part of Outpatients.



This incredible transformation was made possible thanks to your generosity.

The new nurses station on Level 5.

Shaping difficult conversations with Starship patients and their families

American poet, singer and civil rights activist Maya Angelou famously said “I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

Our clinicians need to have tough conversations with patients and whānau every day. That’s the reality of a busy national children’s hospital. But doing this well, when emotions are high and the news is not always good, can be tough.

Your generosity has helped make these difficult conversations better for parents. Thanks to you, these conversations are becoming much easier for our clinicians too.

You have helped provide workshops that train Starship teams how to have difficult conversations with Starship patients and their families. The workshops include simulated healthcare conversations, involving a clinical team and professional actors who provide feedback to participants after each simulation.

Concepts include kawa whakaruruhau (cultural awareness and safety), manaakitanga (respect and kindness) as well as an understanding of the specific cultural nuances for whānau.

More than 50 clinicians have already attended, and the benefits to patients and whānau are immense.

The workshops have drawn on a Ph.D. research study called ‘Extraordinary Children’, led by Andrew Thompson with Elaine Meyer (Boston Children’s Hospital), Melissa Hayward (Royal Children’s Melbourne) and supported by the Starship Foundation.

The value of these workshops was recently recognised through the Auckland DHB Manaaki 2018 Matāriki Awards when the team won the Manaaki Value Award.

Thank you for changing the way we communicate, for the better.

We love hearing from you. Please phone us on 0800 STARSHIP
(0800 782 774) to make a donation.

Thanks Barfoot & Thompson

THE STARSHIP COMMUNITY CELEBRATES COLLABORATION BETWEEN HEALTH AND EDUCATION

We are deeply committed to improving the health outcomes of all New Zealand children. Our partnership with Barfoot & Thompson is playing a huge part in helping us to do that through an innovative new project – Whare Hauora.

Starship Community launched a New Zealand first at Panmure Bridge School; an in-school, relocatable health facility. The first of its kind, Whare Hauora is a fit-for-purpose facility that will provide a space for healthcare services to be delivered alongside education in an easily accessible environment for some of our most vulnerable children.

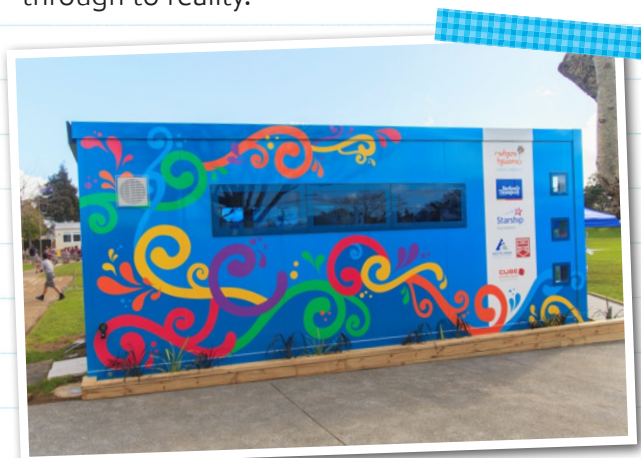
Whare Hauora is the brainchild of Nurse Consultant Sarah Williams, who saw first-hand the need for appropriate spaces for healthcare within schools, and has worked on the project from conception through to reality.

Richard Johnston, Principal of Panmure Bridge School, says: “The Whare Hauora is evidence of the weaving together and forming collaborative partnerships between many different organisations to focus on achieving greater good for communities.”

The build, fit out and installation of this Whare Hauora was funded by Barfoot & Thompson, one of our Five Star Partners.

Peter Thompson, Managing Director for Barfoot & Thompson says; “We are a family owned business where we view young New Zealanders as the next generation of leaders, so we share Starship’s vision to accelerate world class healthcare for our children.”

“We’re excited to see the facility now being used and we look forward to helping establish more Whare Hauora within our communities.”



Whare Hauora – relocatable health facility.

Swimathon success!

Thanks to the wonderful work of Barfoot & Thompson, the 2018 Starship Swimathon was bigger, better and raised more money than ever before.

With 51 swimmers taking part, including NZ Commonwealth swimmer Bobbi Gichard, the 2018 event made a bigger splash than ever, raising over \$36,000 for Starship.

Huge thanks to everyone involved! You’re all amazing.

Mercury customers are part of something bigger

Starship's Child Consult Liaison department is an often forgotten arm of Starship despite a large multidisciplinary team of unsung heroes. This team who do amazing behind-the-scenes work, helping our young patients and their families deal with the emotional and psychological stress caused by serious injury, life-limiting illness and long hospital stays. The Consult Liaison team offers families a wide range of psychological services alongside the medical or surgical treatment involved in their child's care.

Thanks to Mercury and their wonderful customers, we have just completed the total refurbishment of the Consult Liaison Rooms. A set of very special spaces where the consult liaison team have patient counselling and therapy sessions, psychological testing and provide family/whānau support on level three in Starship Hospital.

This is the first upgrade the department has received since the hospital was built in 1992. Now our patients and their families will enjoy the beautiful, welcoming and uplifting new spaces that are fit for purpose. Up to 1,500 children a year will benefit from a new purpose-built play room, an infant feeding therapy room, a whānau room, a new neuropsychological testing room, and other private spaces where the team can give families the best care.

We want to say a huge "thank you" to all the wonderful Mercury customers, who support Starship each month by donating through their power bills. You made this essential upgrade possible.



The new and improved Consult Liaison rooms.

Send a Spectacular Card

It may only be September but at Starship we're starting to get organised for Christmas! We'd love for you to join us by picking up a pack of Starship's beautiful new Christmas cards, designed by budding artist Heidi Holden, a patient on Ward 24A at Starship Hospital.

"When Heidi's in the playroom, there's always laughter," says one of the playroom staff on Heidi's ward. "Over the last three weeks we've seen her decorate her bed with jewels and fairy lights, play the ukulele, make pompoms, and design this year's Spectacular Christmas Card for Starship." Go Heidi!

You can view Heidi's creation along with a wonderful array of Kiwiana images to fulfil all your Christmas card requirements (minimum order 50 cards).

To purchase Heidi's card, simply visit:
www.spectacularcards.co.nz
or email your order to:
order@spectacularcards.co.nz.
A percentage of all card sales comes to Starship.



Top: Heidi on Starship's Ward 24A.

Left: Heidi's winning Christmas card design.



Give one of Ruby's tea towels

Ruby Seeto has been designing amazing tea towels to raise money for Starship for ten years now. It began when she was a cancer patient at Starship aged 10. Now she's 21!

Since Ruby's first design, which was brought to life through a partnership with New Zealand linen brand Wallace Cotton, more than 84,000 tea towels have been sold raising over \$500,000 for Starship. Ruby's new design features a delicious summer salad recipe and looks beautiful.

The new tea towel is now available through Wallace Cotton stores, and online at www.wallacecotton.com. \$6 from every \$10 tea towel or matching face cloth set comes to Starship to help refurbish the phlebotomy lab, an area where children have blood samples taken.

Make sure you get your order in quick, Ruby's tea towels fly off the shelves every Christmas!



Ruby with her new tea towel design.



Ruby's new matching face cloth, sold as a set of two.

We'd love to hear from you.
Tag us with #StarshipStars or #StarshipFoundation.



Hang a star for Starship

Christmas is coming and it's almost time to dust off the tree and get decorating! What about a new decoration to give things a facelift?

This year, Starship is launching three beautiful new 'Stars for Starship', each with a different festive theme. Red for Joy. White for Hope. And Gold for Strength. These three qualities are shared by the designer of this year's star, Kathryn Zhou along with many of our other Starship patients. They are great for your own tree, or for someone you know.

Each star costs \$3 from New World stores nationwide; available from November. And all proceeds go to the Starship Foundation, so why not decorate your tree and home with Starship sentiment this Christmas with Red, Gold and Silver stars?

Merry Christmas!



Starship patient and Christmas Star designer Kathryn Zhou.

