

DIABETES TRANSITION HANDOVER INFORMATION



As kaitiaki (carers/guardians) of diabetes related services, it is a collective responsibility to establish an environment that facilitates a pathway for people with diabetes to navigate te ao mate huka - the world of diabetes¹.

Transition Documentation

There are many formats that this documentation can take and is likely to be specific to the Diabetes Service as well as the Information Technology available. Regardless there needs to be written documentation summarising psychosocial details, including cultural engagement, social determinants of health as well as clinical information and support systems for diabetes management.

Psychosocial Information including Commentary on Cultural Engagement and Social Determinants of Health

- Previous involvement with psychosocial clinicians – Psychologist, Social Worker etc
- [HEEADSSS Assessment](#) - mnemonic for Home, Education and Employment, (eating and exercise), Activities and peers, Drugs, Sexuality, Suicide and depression, Safety, Spirituality. To complete this assessment effectively a discussion regarding the following is a priority:
 - Cultural engagement, including for Māori - marae, connections to iwi, hapu and whānau
 - Social determinants of health such as housing or transport difficulties, racism, discrimination and violence, education and employment opportunities, access to food and physical activity opportunities, language and literacy skills.
 - Independence with diabetes self-management as well as support systems around diabetes management at home (primary support and in what form), school (school care plan), employer (awareness and provisions), peers (awareness and willingness to assist).
- Diabetes Distress Assessment – eg., PAID-T
 - Allows recognition that managing diabetes is difficult and can affect glycaemic control.

Clinical Information

- Diagnosis of diabetes (date and type)
- Current Management
 - Types and doses of insulin and medications
 - MDI, Basal-Bolus, CSII, Oral medications, Other injectable medications
 - Devices used and frequency
 - Pre Pump application HbA1c, CSII Special Authority Numbers, Criteria, and Expiry Dates
 - CHO Ratios and ISF
- Summary of Lab Results at Diagnosis
 - HbA1c
 - C-Peptide
 - Anti-GAD
 - Anti-IA2
 - Other (including whether DKA at diagnosis)

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- Summary of Current Lab Results
 - HbA1c
 - Present and Past Glycaemic Control
 - Hospital admissions
 - Co-morbidities
 - Coeliac disease
 - Other autoimmune conditions
 - Other medical conditions
 - Diabetes-Related Complications
 - Retinal-screening referral and outcomes
 - Foot examination and outcomes
 - Physical parameters (height, weight, BP)
 - Nutritional assessment including knowledge and behaviours