

DIABETES TRANSITION CHECKLIST



As kaitiaki (carers/guardians) of diabetes related services, it is a collective responsibility to establish an environment that facilitates a pathway for people with diabetes to navigate te ao mate huka - the world of diabetes¹.

Name:	NHI:	Birth date:
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ADMIN TASKS

DATE:

Explanation of Transition Process to whānau

Written information given

Explanation of confidentiality and privacy

Transition independence resource commenced

Who to contact while transferring between services:

Date of transfer to Adolescent/Adult Service

Transfer letter sent

Transfer letter received

Welcome letter to adult/adolescent service

Welcome pack

Transition Satisfaction Survey

Accessing service

HIGH SCHOOL

DATE:

High School action and management plans

Exam preparation

CULTURAL ENGAGEMENT	DIABETES DISTRESS ASSESSMENT	HEEADSSS ASSESSMENT
	Commenced:	Commenced:
	Red flags:	Red flags:

EDUCATION TOPICS

Type of diabetes: _____

DATE:

DATE:

Aetiology

Carbohydrate Awareness

Medication action and timing

Carbohydrate Counting

Label reading

Injection technique

Managing specific situations:

Site Rotation

Fast food/eating out

Religious fasting

Self-monitoring of glucose levels

Sport

Celebrations

HbA1c

Time in range

Hypoglycaemia management

Insulin to carb ratio (ICR)

Hyperglycaemia management

Insulin Sensitivity Factor (ISF)

Sick day management

Exercise management

Devices:

Awareness of technology

Alcohol

Changing date and time

Recreational Drugs

Uploading

Smoking

Changing settings

Tattoos

Utilising features

Pregnancy

Driving

Insulin/Pump/CGMS failure plan:

Dental Care

Foot care

Annual Review

Weekends away

Additional topics discussed: _____