## Developmental pathway of preterm and at-risk infants

### Infants at risk of developmental disability

<table>
<thead>
<tr>
<th>Age (Corrected)</th>
<th>Checkpoints</th>
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<tbody>
<tr>
<td>4-6 weeks</td>
<td>GMA (Fidgety) TIMP (if GMA or MRI not available) HINE and NBO Feeding Matters checklist (4-6 months)</td>
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<td>6 months</td>
<td>Medical review (paediatric outpatient clinic)</td>
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<td>9 months</td>
<td>HINE Ages and stages questionnaire</td>
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<td>12-18 months</td>
<td>AIMS CSBS DP Infant Toddler Checklist</td>
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<td>24-30 months</td>
<td>Medical review (paediatric outpatient clinic) Ages and stages questionnaire CSBS DP Infant Toddler Checklist</td>
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<td>4 years and older</td>
<td>Bayley Scales of Infant and Toddler Development III or IV</td>
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### Developmental support

- Individualised advice and guidance, face to face or via telehealth.
- For the first two and a half years (corrected age), provide support for parents and carers:
  - Advice in response to developmental concerns
  - Psychological and emotional support
  - Advice on home care, such as feeding, sleeping and interaction with the baby

The support given should be culturally responsive, trauma informed and grounded within an infant mental health framework, using a variety of approaches, according to individual needs.

### Most severe developmental problems

- Will be detected by 2 years of age.
- However, problems affecting learning and emotional development may be detected later.

### Consider referral for assessment if:

- Persistent head lag beyond 4 months
- Keeps hands fisted after 4 months
- Stiffness in legs between 6-12 months
- Unable to sit independently by 9 months
- Hand preference before 12 months

### All children

#### Standard support and surveillance

- Screening Hearing and Vision
- Immunisations
- LMC / GP review

#### Consider referral for assessment if:

- Persistent head lag beyond 4 months
- Keeps hands fisted after 4 months
- Stiffness in legs between 6-12 months
- Unable to sit independently by 9 months
- Hand preference before 12 months

### Screening Hearing and Vision

- LMC / GP review

### Immunisations

- LMC / GP review

### Developmental support

- Communication between MDT and services
- Determine preliminary severity and topography
- Assess for associated impairments
- Communicate findings with parents compassionately
- Arrange early intervention and parents support
- Monitor and confirm diagnosis
- CP register

### CP register

- Developmental support
- Individualised advice and guidance, face to face or via telehealth.

### B4 school check

- Developmental support
- Individualised advice and guidance, face to face or via telehealth.
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<thead>
<tr>
<th>Date</th>
<th>Clinician</th>
<th>Findings</th>
<th>Recommendation</th>
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