



## PARTICIPANT INFORMATION

### A survey of current clinical practice of clinicians working in early detection for infants with or at risk of Cerebral Palsy across New Zealand.

Locality:	The University of Auckland	Ethics committee ref.:	18/NTB/169
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Establishing an early diagnosis is an important milestone for the ensuing patient and clinician journey, allowing for a clearer understanding of the patients health status, what to expect moving forwards and to plan for, and begin, appropriate intervention/treatment.

Cerebral Palsy can be difficult to diagnose, often owing to late onset of clinical signs, however recent evidence show that accurate evaluations for **earlier detection** of cerebral palsy are available- allowing the opportunity for **early intervention** to optimise functional outcomes. Understanding current clinical practice in New Zealand can direct future strategies and support for knowledge translation to help clinicians and children with Cerebral Palsy across New Zealand.

By surveying clinicians working with young children across New Zealand, we aim to:

1. Establish the current state of practice for processes relating to **early detection** of infants at risk of Cerebral Palsy.
2. Document reporting procedures, referral and surveillance pathways.
3. Identify preferences and strategies to facilitate **knowledge translation** of recent advances in early diagnosis and early detection for infants at risk of Cerebral Palsy.

#### Why me?

We are seeking input from all health professionals across New Zealand working with young children (5 years and under) with or at risk of Cerebral Palsy. This may include (but not limited to): Neonatologists, Paediatricians, Neurologists, Nurses, General Practitioners, Orthopaedic Surgeons and Allied Health Professionals.

#### What is involved?

The survey will take approximately *10-15 minutes* to complete and is completely voluntary. **By completing this survey you are consenting to participate.** You may withdraw at any time. There are no perceived risks or direct benefits to yourself by participating in this survey, however if you wish to receive further information or be involved in future knowledge translation opportunities as an outcome of the findings of this survey in Cerebral Palsy you are very welcome to contact us.

#### How will this information be used?

Your responses will be anonymous. Data will be kept securely on a research drive at the University only accessible by the approved research team. The results of this research may be published in journals and/or presented at conference proceedings, and may be used to direct future planning for professional development opportunities.

An additional link is provided at the end of the survey if you wish to contribute any further anonymous feedback or if you would like to be contacted for further information about diagnostic tools for cerebral palsy. Thank you for your time and consideration.

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**Where can you go for more information about the study, or to raise concerns or complaints?**

If you want to talk to someone who isn't involved with the study, you can contact an independent health and disability advocate on:

Phone: 0800 555 050  
Fax: 0800 2 SUPPORT (0800 2787 7678)  
Email: [advocacy@hdc.org.nz](mailto:advocacy@hdc.org.nz)

For Maori health support please contact :

*For support, talk to your whānau in the first instance. Alternatively you may contact the administrator for He Kamaka Waiora Māori Health Team on 09 486 8324 ext 2324.*

*If you have any questions or complaints about the study, you may contact the Auckland and Waitematā District Health Boards' Māori Research Committee or Māori Research Advisor by phoning 09 486 8920 ext 3204*

You can also contact the health and disability ethics committee (HDEC) that approved this study on:

Phone: 0800 4 ETHICS  
Email: [hdec@moh.govt.nz](mailto:hdec@moh.govt.nz)