



## Additional Resources for Therapists

### Promote Māori health gain in Aotearoa New Zealand:

- [Te Tiriti o Waitangi](#): Incorporating the principles of Te Tiriti o Waitangi; working in partnership with Māori to enhance health service planning to meet the needs and aspirations of Māori and monitoring outcomes to ensure equitable health is achieved across New Zealand (<https://www.health.govt.nz/publication/equity-health-care-maori-framework>)
- Understanding the health professionals role in the elimination of health inequity in Aotearoa, New Zealand (From [RACP Position Statement on Indigenous Child health in Australia and Aotearoa New Zealand, 2020](#))
- Understanding the Māori concepts of Hauora, health and wellbeing, including, Te Whare Tapa Whā which encompasses Taha Tinana - Physical well-being; Taha Hinengaro - Mental and Emotional Wellbeing; Taha whānau – Social well-being and Taha Wairua – Spiritual well-being. [Ministry of Health, NZ, 2017](#).

### Early Intervention Services:

- [A Good Start in Life](#)
- [Te Whaariki](#)
- [He Pikorua](#)

### Child and Whānau / Family centred care:

- [Patient centred care](#)
- Physiotherapy NZ - [Person and Whānau Centred Care](#)
- KidsHealth NZ: [Family-Centred Care](#)
- CanChild: [Family-Centred Service](#)

## Goal setting approaches:

- [Canadian Occupational Performance Measure](#)
- [F-words](#)
- [Occupational Performance Coaching](#)
- [Pictability™](#)
- Routine Based Model of Interventions

## Examples of Assessment / Classification tools for infant with CP:

- [Pretchl's General Movement Assessment](#)
- [Hammersmith Infant Neonatal Examination](#) (HINE).
- Cerebral Palsy [Classifications Summary](#) document
- [Gross Motor Function Classification System \(GMFCS\)](#). From before 2 years of age
- [Manual Ability Classification System](#) (Mini MACS) Age 1 - 4 years
- [Eating & Drinking Classification System](#) (EDACS) – Note: Mini EDACS in development.
- [Communication Functional Classification System](#) (CFCS)
- [Visual Function Classification System](#) (VFCS)
- Developmental Assessments – e.g. Bayley Scales of Infant and Motor Development; Griffiths Scales of Child Development

## Interventions:

- See ['Early Intervention for Children Aged 0 to 2 Years With or at High Risk of Cerebral Palsy- International Clinical Practice Guideline Based on Systematic Reviews' Morgan et al, 2021](#)
- See ['State of the Evidence Traffic Lights 2019: Systematic Review of Interventions for Preventing and Treating Children with Cerebral Palsy' Novak et al, 2020](#). An overview guide to current best practice interventions for children with CP.
- Intervention examples from [Cerebral Palsy Alliance](#), NSW.
- See Royal Australasian College of Physicians Position Statements on:
  - [Early Childhood: The Importance of the Early Years, May 2019](#)
  - [Early Intervention for Children with Developmental Disabilities, Aug 2013](#)
- National Institute for Health and Care Excellence (NICE) guidelines, UK. [Cerebral palsy in under 25s: Assessment and management](#) and [Spasticity in under 19's: Management](#).

## [NZ Cerebral Palsy Register \(NZCPR\)](#)

- Please help to inform people with CP about the NZCP Registry
- High quality health data is essential to guide practice and identify health inequities.
- Any person with a confirmed diagnosis of CP can participate in the NZCPR.
- Health professionals can become a NZCPR member
- **Visit:** <https://nz.cpregister.com>; **Email:** [nzcpregister@adhb.govt.nz](mailto:nzcpregister@adhb.govt.nz)

## Te Reo Māori Glossary

Ko ngā me ahua rite / Associated conditions

Learning / Ākonga

Kaurori / Mobility

Pēpi nohinohi/ Infants

Tākaro / Play

Taputapu / Equipment

Tiaki Kōiwi / Musculoskeletal

Hā Manawa / Respiratory

Whakawhiti kōrero / Communication

Whānau / Family

Me whangai a te wā tika / Feeding

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