

How to Find Us

We are located on Level 3, Starship Hospital.
Go to Starship Outpatient Reception (Level 3)

Some helpful things:

[Need to talk?](#) Free call or text **1737** any time for support from a trained counsellor.

[Youthline](#) – 0800 376 633, free text 234 or email talk@youthline.co.nz or online chat.

[Parent Help](#) – 0800 568 856 for parents/whānau seeking support, advice and practical strategies on all parenting concerns. Anonymous, non-judgmental and confidential.

[Useful apps](#) – Alongside the care we provide, we may sometimes recommend mental health and well-being apps for you or your child. Most of these are available on <https://Healthify.nz>



Contact Details

Consult Liaison Team Support on:
(09) 307 4949 Ext. 23303

Email: StarshipCLT@adhb.govt.nz

The service operates
8.30am to 4pm Monday to Friday.

If out of hours a message can be left on the answerphone.

If you need help after hours :

Urgent Response Teams

Auckland Central/East

0800 800 717

West/North

09 486 8900

South

0800 775 222

Te Whatu Ora
Health New Zealand
Te Toka Tumai Auckland


Starship
Child Health

Te Whatu Ora
Health New Zealand

**Starship Consult
Liaison Team**

Starship Child Health

Kia ora! The Consult Liaison Service...

...Provides psychological and emotional assessment and support to tamariki, rangatahi & whānau who are managing medical or surgical problems and are current attenders at Starship for their condition. Referrals can be made by any Starship staff member after discussion and consent for the referral with the child and whānau and the treatment team.

This service is funded by Te Whatu Ora.

Having any acute or chronic injury or illness is very stressful for both children and families and often extra help is useful in coping with this.

What sorts of problems can we help with?

- Adjustment to and coping with illness or injury
- Emotional and/or behavioral problems in the child with illness or injury
- Treatment problems e.g. fear of needles, special diets, difficult treatments
- Management of pain in children and adolescents
- Feeding difficulties and eating disorders
- Parental and family difficulties coping with a child's illness

What interventions do we offer?

- Assessment of psychological needs
- Counselling support for whānau and rangatahi
- 1:1 Therapies such as CBT, EMDR and ACT
- Child psychotherapy
- Medication
- Neuropsychological Assessments

We liaise closely with cultural support, the whānau medical or surgical team, GPs and with any other involved services.

Confidentiality

Your information is confidential, except in situations of risk. We will discuss confidentiality when we meet you.

Team Members:

The team is made up of clinicians from different disciplines which include:

- Child Psychiatrists
- Clinical Psychologists
- Liaison Nurse Specialists
- Clinical Neuropsychologists
- Psychotherapists
- Psychiatric and Paediatric Registrars

Your Consult Liaison Team Clinician/s:

<p>Name: _____</p> <p>Phone No: _____</p>

<p>Name: _____</p> <p>Phone No: _____</p>
