

## Childhood Epilepsy Education and Information Check List

*Place patient sticker here:*

Name

NHI

Education and information has been provided to the child/young person and their family on the following topics:

	Topic	Date information given
1	What are seizures?	
2	What is epilepsy?	
3	What type of seizures does the child/young person have?	
4	What type of epilepsy and specific epilepsy syndrome does the child or young person have?	
5	What investigations may be needed?	
6	What happens in an EEG?	
7	What happens in an MRI?	
8	What treatment options are there?	
9	How effective are the treatments and what potential side effects are there?	
10	What things might trigger a seizure?	
11	What is the prognosis of the child/young person's epilepsy?	
12	Why does the child/young person have epilepsy?	
13	What is status epilepticus?	
14	What should the parents do if the child/young person has a seizure? Information on rescue therapy if appropriate.	
15	When should the family call an ambulance or contact their family doctor?	
16	What precautions does the child/young person and family need to take now that their child has had a seizure? Recommendations regarding swimming and bike riding. Driving laws.	
17	What is Sudden Unexplained Death in Epilepsy?	
18	What benefits and social services are available?	
19	Who should they tell about their child/young person having epilepsy?	
20	Will the child/young person's lifestyle, leisure and social activity be affected by their seizures and epilepsy?	
21	What organisations are available to provide additional information and support? Epilepsy New Zealand	
22	How do seizures, epilepsy and medications impact on contraception, family planning and pregnancy? It is important that all girls and their family (regardless of age) are informed about these issues.	