

FRIENDSHIP


Starship
Foundation

Summer 2018

GIVING IS THE BEST MEDICINE



Daisy's parents
say "Thank you"

P6

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A final word from Brad...

Dear friend,

For more than seven years, I have had the great pleasure of leading this fabulous organisation, the Starship Foundation. A pleasure that has always been deepened by having amazing supporters like you alongside me.

Every day, I have had the immense privilege of being able to bring generous supporters like you closer together with Starship patients and their families, by sharing their stories with you. This, your Friendship Newsletter is just part of that sharing process.

Without you, many of those stories may have had a different ending. But through generous supporters like you, so many of our children have been given the best chance at life and a better outcome. The kind of positive results we all want for our children. Thank you for your extraordinary commitment to them, and to Starship.

However, all journeys come to an end, as mine with Starship must do on 31 March 2018. I will be stepping down from my position as Chief Executive of the Starship Foundation, and I want to offer you my personal message of thanks for making such a big impact for Starship patients, families and staff over the last seven years. While I may be departing from my role, I know that your amazing generosity and commitment to children's health will live on.

Together, we have achieved so much, changed the lives of so many families, spread so much hope. But still, every day, so much more needs to be done. Thankfully, I know you are up to the challenge.

Thank you for everything, and thank you for continuing to support this wonderful organisation with such generosity and affection.

With my warmest regards,



Dame Rosie reflects on 25 years of Starship, all thanks to you!

Together we've achieved so much for the children of New Zealand. Thank you so much!



Dame Rosie and Michael Horton at the Starship 25th Birthday Ball.

I still remember the day I first realised that I had to do something to help the fledgling Starship Hospital back in 1991.

By chance, I had met a young mother from Southland outside Auckland Hospital. She was so upset and her child was very ill. I asked her how she'd got to Auckland, and she told me that she'd come by bus, and that the journey from Bluff had taken her four days. I was so shocked, I cried. How was this possible in modern New Zealand?

I knew I had to do something, so I set about organising a fundraising committee, which we called Friends of Starship. Soon after the Starship Foundation, the organisation we all know and love so much today, was founded to lead the fundraising efforts supported by an active and involved Friends of Starship committee.

Since then, amazing, dedicated supporters like you have joined forces with generous volunteers, corporate supporters, donors and philanthropists, and together we

have achieved so much.

Together we've given some of the best and brightest medical professionals in the world the equipment, facilities and opportunities they need to go above and beyond for their patients. You've helped to build Starship into a world-class children's hospital and a national treasure.

Some of the highlights include introducing lifesaving ECMO equipment into paediatric care for the first time in New Zealand, launching the Starship National Air Ambulance Service - so mums wouldn't have to bring desperately ill babies the length of New Zealand by bus - the first dedicated children's MRI and the establishment of national centres for child neurology, cardiology, diabetes and more.

All of us at the Starship Foundation and all of our medical colleagues throughout the hospital know very well that we could never have achieved so much without you, and your extraordinary support.

Thank you for sharing our vision of providing the best healthcare in the world for all New Zealand children, and thank you for giving so generously to support our work.

Dame Rosie Horton has been part of the Starship Foundation story from the start and continues her hard work as our active and hardworking Patron.

We love hearing from you. Please phone us on 0800 STARSHIP (0800 782 774) to make a donation.

To find out more about donating every month, please call Jodie Queenin on 0800 782 774 or 09 375 3445.

A renewed sense of urgency...

YOU'RE PART OF A TEAM THAT'S TRANSFORMING THE FUTURE OF CHILDREN'S HEALTH IN NEW ZEALAND.

We have come so far since the launch of Starship in 1991 and I feel truly humbled by everything we have achieved together with you, individual supporters up and down New Zealand, our founders, our corporate partners and stakeholders.

But as Chairman of the Starship Foundation, it's my job to look forward. To chart a course that ensures Starship can keep advancing, and delivering better results for children and young people. And right now, we have some hard truths to face, and some huge challenges.

Despite Starship's great success, New Zealand's health outcomes for children are still far from where they should be. In fact, we have fallen behind the rest of the world. New Zealand is now ranked among the lowest of the OECD countries for overall child health and safety. I think we can all agree, this is not acceptable.

As New Zealand's national children's hospital, and a world-class child health service operating 24/7, 365 days a year, with some of the best medical staff in the world, Starship is not simply part of the landscape when it comes to children's health in New Zealand. We are leaders. And right now, we

need to lead.

As a result, there is a renewed sense of urgency running through Starship Hospital and the Starship Foundation today. We are all acutely aware that if we are going to give all New Zealand children the best chance of a better tomorrow, then we need to do something about it today.

So you're going to see a newly energized and invigorated drive to do more, achieve more, and deliver more for our children. And we are going to be asking you to play your part too, because when we succeed, we succeed as a team. And you are a vital part of this team.

I know that if we all continue to pull together as we have in the past, that we can and will deliver the best healthcare in the world for all New Zealand children.

Thank you so much for everything you have done, and continue to do for Starship.

*Martin Wiseman,
Chairman of the Starship Foundation Board*



Starship's 25th Birthday Ball

STARSHIP'S GLITTERING "THROUGH THE LOOKING GLASS" BALL
RAISES \$540,000 FOR THE HOSPITAL!

On the evening of Friday 27 October, more than 600 guests stepped into an Alice in Wonderland themed event to celebrate 25 years of our national children's hospital, and the foundation that supports it.

There was something for everyone – from the whimsical to the magical, from the beautiful to the quirky. Held at Spark Arena in Auckland, guests were welcomed through an entrance tunnel into a welcome zone that included themed roaming characters – including of course a mad hatter and Cheshire cat, a 180 degree photo booth experience, a virtual reality wall and VR goggles, and champagne bar. A bespoke diamond necklace was designed especially for the event, featuring 25 diamonds, and was raffled off on the night.

MC's Antonia Prebble and Mike Puru expertly guided guests through the evening's entertainment, including performances from Hollie Smith, Tiki Taane, The Royal New Zealand Ballet, Bubblegum Hip Hop Group, The Black Quartet, Richard O'Brien, Shane Cortese and the 8-Track Band, and Sweet Mix Kids.

The event was a spectacular success, raising more than \$540,000 for our national children's hospital. Money raised will support vital initiatives for Starship Child Health.

With thanks to the principal event sponsor Barfoot & Thompson and event supporters ASB and DLA Piper.



Christmas appeal update

DAISY'S MUM AND DAD SAY "THANK YOU FOR HELPING CHILDREN LIKE OUR LITTLE GIRL!"



What a wonderful response we received from thousands of you over Christmas in reply to the letters Brad wrote you about little Daisy in November.

Christmas is a time when people always give incredibly generously to support the ill and injured children Starship cares for, and last year was no exception.

At the last count your combined donations to our Christmas appeal totalled \$202,773. This money will now be used to purchase urgently needed

equipment like the specialist NICU equipment that saved Daisy's life.

As you might remember, Daisy was born 17 weeks premature, fighting for her life and completely reliant on life-support equipment.

"I knew that babies born before 23 weeks usually don't survive," said her mum Katie. "Words can't describe the fear we felt. The whole time we knew that things could change very quickly, and we might

lose her."

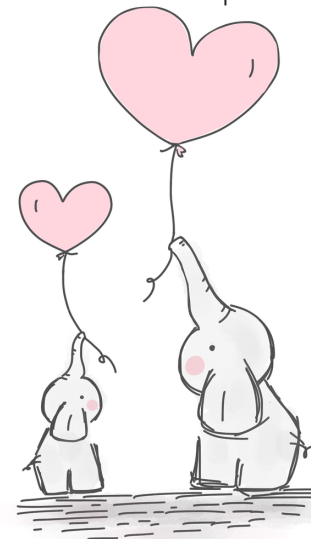
Daisy was so tiny that she weighed just 545 grams, barely more than a block of butter. Her lungs couldn't breathe on their own and her skin was so paper-thin it could tear if she was touched, so mum and dad weren't even allowed to pick her up and cuddle her.

After a gruelling 102 day stay in Starship's NICU, Daisy finally went home. One year on, and she's doing incredibly well.

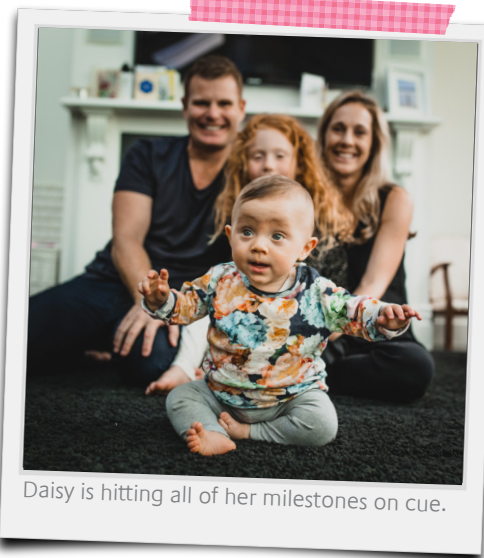
We caught up with parents Katie and Neil who told how Daisy is hitting all of her developmental milestones on cue. Katie also had this wonderful message of thanks for you and our other kind and caring supporters.

"To us, Starship means hope. To all worried and anxious parents Starship, means hope that there is a chance to survive and live, hope that it may be alright in the end.

The word Starship is also coloured with gratitude.



Katie, Neil, with their girls Daisy and Ila



Daisy is hitting all of her milestones on cue.

Gratitude, thanks and appreciation that we are so lucky to have this amazing resource and amazing team of people committed to helping every child. Starship makes all the difference.

We owe our little family to Starship and the NICU. If it wasn't for them Daisy simply wouldn't have survived. We are so grateful to everyone at Starship and the people who support them. We will be absolutely forever grateful!"

And of course, it goes without saying that we are forever grateful too. Without wonderful supporters like you, at Christmas and right throughout the year, we would never be able to provide every child who comes through our doors with the excellent quality of care every one of us would hope for our own precious children.

Thank you so much for giving Kiwi children a world-class hospital to count on!

Cameron's first day at school!

"FROM THE BOTTOM OF OUR HEARTS, THANK YOU! WITHOUT YOU, WE WOULDN'T HAVE OUR LITTLE MAN."



The long, Latin words sound frightening enough on their own: hypoplastic right ventricle, tricuspid atresia. But in many ways they hide an even scarier truth. Stripped back to basics, Cameron was

born with half a heart. Imagine hearing that is what your son has?

You've probably seen Cameron featured in some of our appeals and communications over the last year or so. That's because Cameron is a little star as far as we're concerned.

If you have caught any of these steps along Cameron's journey, you'll have some idea of the gruelling treatment he's been through since the very first day he came into the world. Four open heart surgeries, months and months in PICU, three years in virtual home-lockdown to avoid infection, and several frightening, life-threatening setbacks along the way.

He's grown up in a world so different to most little boys. But despite it all, Cameron has just finished his second term at school! Isn't that amazing news?

Thanks to the incredible support we receive from good people from all over New Zealand – people just like you – we're able to keep up with advances in research and technology, and ensure that our amazing medical teams have the very best equipment and facilities at their disposal. Because that's the way to give children like Cameron the world-class care they need.

All of our medical staff know how huge a role you play in making this possible, and parents like Rachael and Nick do too. In fact Rachael has a message of thanks for you and everyone who gives to Starship...

"I will never forget that we have our beautiful son because of Starship and the generous people who support it. We're very grateful. Thank you from the bottom of my heart."

Thank you from all of us too. All of our doctors, nurses, and medical specialists, as well as everyone who works at the Starship Foundation, we all value your kindness, your generosity and your giving spirit more than you can ever know.



Cameron - little warrior.

Gearing up!

A QUICK LOOK AT SOME OF THE CUTTING EDGE EQUIPMENT YOU HELPED BUY IN 2017...

Thanks to your generosity we've been able to keep up with the fast changing pace of medical research and advancing technology by purchasing these critically important pieces of equipment:

Zonare Transducer Probe: Helping us produce even clearer images of tiny veins, enabling nurses to insert IV lines more easily and effectively, and with much less stress and pain for little ones.

Olympic Brainz Monitor: Observes brain waves while patients are unconscious. Essential in the early diagnosis of harmful brain seizures that might otherwise go undetected for years.

Pressure Relieving Mattresses: Protecting critically unwell little ones from potentially disfiguring pressure injuries.



Baby Daisy born at 23 weeks gestation being cared for in a High-Spec Infant Delivery System.

High-Spec Infant Delivery Systems: Streamlines procedures for babies who need immediate incubation.

Chester Chest Training Mannequin: Helps our medical teams learn the difficult art of inserting venous cannulas and intercostal chest drains in tiny patients.

Portable Ultrasound Machine: Enables us to maintain the very highest levels of intensive care, even while our patients are in the air.

ECMO Trainer: ECMO (Extra Corporeal Membrane Oxygenation) is a machine that replaces both the heart and lungs during life-saving surgery. Starship is the only place in New Zealand where ECMO is provided for children. So our training programme is vital. This ECMO trainer helps our teams to practice this complex, high-risk, but lifesaving emergency procedure.

And more... Of course, there is more than we can really show on this page, including important equipment and supplies for Starship's National Air Ambulance Service, and ongoing staff training to meet the needs of the most challenging and complex cases. But the key to it all is the same... you. Thank you so much for caring for the sick and injured children of New Zealand.



NICU Nurse, Caroline Wilson with new Maxtec Oxygen Analyser.

In honour of baby Kate

"THE FEELING OF EMPTY ARMS WAS LIKE NO OTHER. I JUST WANTED SOMETHING TO HOLD."

When young parents Clare and Dougal Montgomerie lost their baby, they were given a teddy to hold, a simple but profound gesture that sparked an idea in Clare's mind. Since then, Clare has made "Kate Bears" to be given to the parents of every baby who passes away in Auckland. She delivers them on Christmas Eve. This year would have been Kate's 4th birthday, and Clare decided to hold a Teddy Bear's picnic to fundraise for another cuddle cot for parents who lose a child, and to cosmetically refurbish the baby loss room in the Women's Assessment Unit with new furniture and a fresh paint job. This is Clare's story in her own words:

"On the 24th of June 2013 our lives, hopes and dreams changed forever. Our beautiful daughter, Kate Danielle Montgomerie, was lost at 36 weeks gestation after a very rare placental abruption.

Her doctor's tried desperately to save her, but unfortunately it was not to be. The staff became like family. But the feeling of empty arms was like no other. I just wanted something to hold, as it wasn't going to be Kate for very long. It had to be something that was with her from birth. That teddy holds such special memories. That's where Kate's legacy and the idea for Kate's Bears started.

We will continue making them for as long as we are alive, and we hope Kate's siblings will keep it up. We are very blessed to have had Kate in our lives. She changed us positively and has made us so grateful for the people in our lives."



A new cuddle cot has been purchased with \$3,050 raised at the Teddy Bear's picnic.

If you would like to find out how you can do something special for ill children and their families in your community and also fundraise for Starship, please visit: www.starship.org.nz/foundation/fundraising.

Thank you for supporting Starship so generously.
Would you like to send an extra gift today?

Yes! I want to do everything I can for ill and injured children.

My donation details: Donation amount: \$

Cheque: Please find enclosed my cheque made payable to Starship Foundation

Credit Card: Please debit my card

☐ Visa ☐ MasterCard ☐ Diners ☐ Amex

Card Number:

Name on card:

Signature:

Expiry date: /

My contact details: I would like to keep up-to-date with the work of Starship. Please tick: ☐

Full name:

Address:

Email:

Phone:

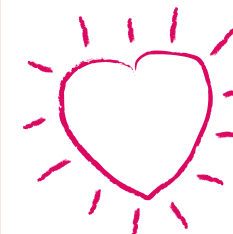
Donations of \$5 or more are tax deductible.
Registered Charity CC2472

It is with the support of people like you that the Starship Foundation can continue helping ill and injured children throughout New Zealand. We would like to keep in touch with you and keep you informed about this work. The Starship Foundation recognises the importance of your privacy and the need to safeguard your personal information. We are careful with all your details and will use them to contact you about issues we believe will be important to you. If you do not wish to receive further communications from the Starship Foundation please call on 0800 STARSHIP or tick this box and return this form to PO Box 9389, Newmarket, Auckland 1149. ☐ Unsubscribe.



Please fill in this form and send it with your donation to:
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PO Box 91939,
Victoria Street West,
Auckland 1142.

Or, you can donate on our website:
www.starship.org.nz/donate




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"I will never forget that we have our beautiful son because of Starship and the generous people who support it. We're very grateful. Thank you from the bottom of my heart."

Rachael, Cameron's mum